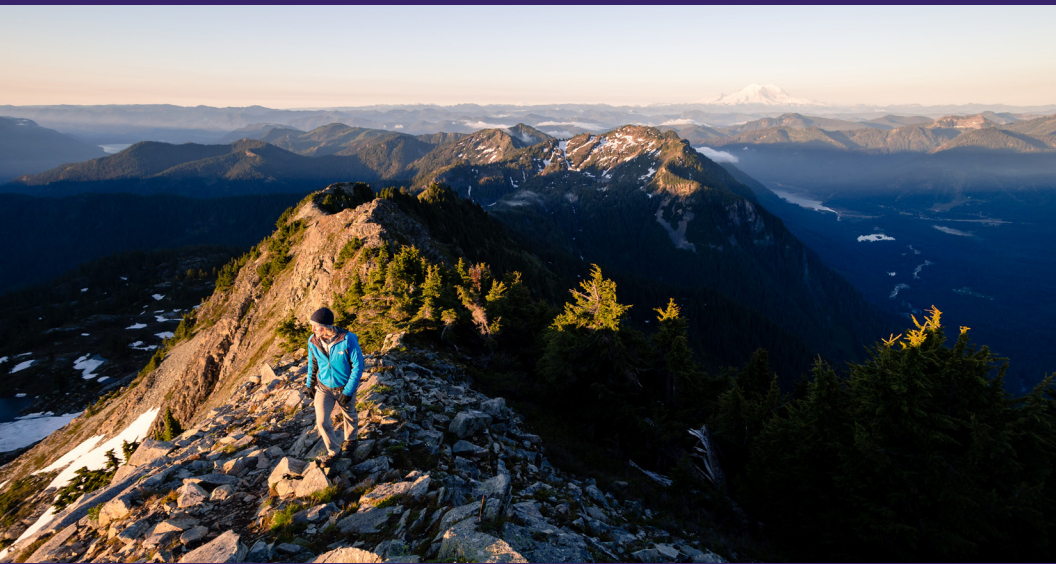


UW Medicine

UW SCHOOL  
OF MEDICINE

*6<sup>th</sup> Annual*  
**MEN'S HEALTH  
UPDATE**



Friday-Saturday  
August 28-29, 2020

Online via Live Webinar

Sponsored by UW School of Medicine  
Department of Urology  
Office of Continuing Medical Education

## TARGET AUDIENCE

This course is designed for the practicing community of primary care providers and urologists who are seeking an update on important clinical topics in men's health. The course is also well-suited for nurses, nurse practitioners, physician assistants, fellows and residents.

## COURSE DESCRIPTION

With the evolution of American healthcare and the reorganization of many regional healthcare systems, there are ever-increasing demands for healthcare access. As a result, primary care providers are increasingly caring for broader spectrum of disease, including urologic disease. Men are disproportionately afflicted by urologic disease, and "Men's Health" is an established medical arena where specialized knowledge is required. The diagnosis and management of Men's Health diseases are continually evolving and are heavily influenced by advances in diagnostic technology, medications, and surgical devices. The greatest challenge that care providers face is staying up-to-date with the changes in this field, thereby assuring state-of-the-art care for their patients.

An internationally acclaimed faculty has been assembled to provide this update, with presentations on topics such as prostate screening and treatment, testosterone deficiency and the controversy of testosterone replacement, male urinary dysfunction, kidney and bladder pathology, sexual dysfunction, and genital pain syndromes. After the plenary sessions, attendees will have the opportunity to participate in case discussions and question-and-answer sessions.

## ACCREDITATION

### Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 10.75 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Discuss the role of PSA screening in men and describe additional tests now available for prostate cancer screening.
- Describe the management options for men with localized prostate cancer, including active surveillance.
- Review quality-of-life issues men face after prostate cancer treatment and develop a paradigm for addressing common issues.
- Describe the evaluation of men with microscopic and gross hematuria.
- Identify the appropriate evaluation of men suspected of having hypogonadism and discuss the risks and benefits of testosterone treatment.
- Compare the relationship between cardiovascular disease and erectile dysfunction.
- Offer appropriate treatment options to men experiencing ED and other forms of sexual dysfunction.
- Examine the association between male infertility and disease.
- Discuss the evidence-based evaluation of male infertility.
- List the key elements of a BPH evaluation and provide appropriate treatment options.
- Describe the appropriate evaluation of men with scrotal content pain and review the evidence-based initial treatment approach.
- Recognize the role of non-narcotic pain management in patients with chronic pelvic and genital pain.



## FEES AND REGISTRATION

To enroll, please register online at [uwcmc.org](http://uwcmc.org).

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Fees for this course are estimated to cover the costs of conducting this course. These costs include salaries, registration and credit recording, instructional materials, record keeping, faculty planning and evaluation and may include logistics, taxes and gratuities to vendors.

<b>All Learners</b>	<b>\$225</b>
<b>*Resident/Fellow/Student</b>	<b>\$150</b>
<b>*Resident/Fellow/Student rate requires written confirmation of current status.</b>	

### Important Payment Information

Per UW CME policy, you are not considered to be registered for the course until full payment has been received. Unpaid orders do not “reserve” spots for conferences or workshops.

### Refund and Cancellation Policy

The Office of Continuing Medical Education must receive written notification of your cancellation by **August 14, 2020**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **August 14, 2020**. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by written notification and receive a full refund. The University of Washington is not responsible for any other costs incurred. Contact CME Office with questions – call 206.543.1050, fax 206.221.4525 or email [cme@uw.edu](mailto:cme@uw.edu).

Prior to the start of the webinar, please ensure you have the appropriate system requirements to view the webinar. More information about the recommended technical requirements are on our website ([uwcmc.org](http://uwcmc.org)). No refunds will be available for technical issues not controlled by UW CME.

## ONLINE CONFERENCE MATERIALS

Instruction materials will be available online at [uwcmc.org](http://uwcmc.org) (for conference registrants only). Materials will be available beginning on **August 24, 2020** for registrants to print and/or download. Content will be recorded and available to attendees for educational purposes. Attendees will be notified when recordings are available, approximately 4-6 weeks after course completion. CME credit is available only for attending the live webinar; no credit is available for watching the recorded lectures.

Webinar registrants will receive instructions by email prior to the course.

## SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, please contact the CME Office at 206.543.1050 or the Disability Services Office at least ten (10) days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: [dso@uw.edu](mailto:dso@uw.edu)

# Course Faculty

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## COURSE CO-CHAIRS

**Thomas J. Walsh, MD, MS**  
Associate Professor  
Department of Urology

**Michael P. Porter, MD, MS**  
Associate Professor  
Department of Urology

## FACULTY

**John K. Amory, MD, MPH, MSc**  
Professor and Section Head  
Division of General Internal Medicine

**Atreya Dash, MD**  
Associate Professor  
Department of Urology

**William Ellis, MD**  
Professor and Vice-Chair  
Department of Urology

**Judith Hagedorn, MD, MHS**  
Assistant Professor  
Department of Urology

**Maahum Haider, MD**  
Assistant Professor  
Department of Urology

**Jonathan Harper, MD**  
Associate Professor  
Department of Urology  
Chief of Endourology and Minimally  
Invasive Surgery

**Brian Jordan, MD**  
Acting Assistant Professor  
Department of Family Medicine

**Daniel Krashin, MD**  
Clinical Associate Professor  
Department of Psychiatry &  
Behavioral Sciences  
UW and Veterans Administration  
Puget Sound Health Care System

**April Schachtel, MD**  
Acting Instructor  
Division of Dermatology  
UW and Veterans Administration  
Puget Sound Health Care System

**Judy Simon, MS, RDN, CD, CHES,  
FAND**  
Clinic Dietitian, UWMC  
Adjunct Faculty  
Department of Nutritional Sciences

**Mathew Sorensen, MD, MS, FACS**  
Associate Professor  
Department of Urology  
Director  
Urology Residency Program

**Arthi Thirumalai, MD**  
Assistant Professor  
Division of Metabolism, Endocrinology  
& Nutrition

**Hunter Wessells, MD**  
Professor and Chair  
Department of Urology

**Andrew Wright, MD**  
Endowed Professor  
Department of Surgery  
Division of General Surgery  
Director  
UW Medicine Hernia Center

# Friday, August 28, 2020

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## Male Voiding Dysfunction

Moderator:

*Brian Jordan, MD*

- 8:00 Section Overview | *Brian Jordan, MD*
- 8:10 Non-Surgical Management of Urinary Retention  
*Judith Hagedorn, MD, MHS*
- 8:30 Urinary Symptoms: Medical Treatments for LUTS  
*Maahum Haider, MD*
- 9:00 Urinary Symptoms in Men: When to Consider Surgery  
*Brian Jordan, MD*
- 9:30 Cases - Question and Answer Session | *Faculty*
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**9:50 Break**

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## Male Reproductive Health

Moderator:

*Thomas Walsh, MD, MS*

- 10:00 Section Overview | *Thomas Walsh, MD, MS*
- 10:10 Low Testosterone: Is It Really a Disease or Just Part of Life  
*John K. Amory, MD, MPH, MSc*
- 10:40 Testosterone: What Is the Role of the PCP?  
*Arthi Thirumalai, MD*
- 11:10 Nutrition for Enhancing Prostate Health  
*Judy Simon, MS, RDN, CD, CHES, FAND*
- 11:30 Cases - Question and Answer Session | *Faculty*
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**11:50 Lunch break**

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- 12:50 Dermatologic Conditions of the Male Genitalia  
*April Schachtel, MD*
- 1:20 Inguinal Hernia: State of the Art | *Andrew Wright, MD*
- 1:50 Chronic Pain: How to Move Away from Narcotics  
*Daniel Krashin, MD*
- 2:20 Cases - Question and Answer Session | *Faculty*
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**2:40 Break**

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## Male Sexual Health

Moderator:

*Thomas Walsh, MD, MS*

- 2:50 Section Overview | *Thomas Walsh, MD, MS*
- 3:00 Erectile Dysfunction in Aging Men: How to Move Beyond Pills?  
*Thomas Walsh, MD, MS*
- 3:30 Erectile Dysfunction in Young Men: Is It All in Their Head?  
*Hunter Wessells, MD*
- 4:00 Cases - Question and Answer Session | *Faculty*
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**4:20 Adjourn**

# Saturday, August 29, 2020

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## Prostate Cancer and Kidney Stones

Moderator:

Michael Porter, MD, MS

8:00 Section Overview | *Michael Porter, MD, MS*

8:10 Prostate Cancer Screening: Who and When? | *Atreya Dash, MD*

8:40 Prostate Cancer: Current Treatments | *William Ellis, MD*

9:10 Prostate Cancer: Survivorship | *TBD*

9:40 Cases - Question and Answer Session | *Faculty*

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### 10:00 Break

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10:10 Hematuria and Primary Care: What Tests to Order and When to Refer | *Michael Porter, MD, MS*

10:40 Kidney Stones | *Jonathan Harper, MD*

11:10 Renal Cysts: When to Ignore and When to Worry  
*Mathew Sorensen, MD, MS, FACS*

11:40 Cases - Question and Answer Session | *Faculty*

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12:00 Adjourn

